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## ENG 1103 Habits of Mind, Part I

College writing offers you the opportunity to develop skills, such as supporting arguments with evidence, writing effective thesis statements, and using transitions well, but it also gives you the opportunity to develop habits. Successful college students develop certain habits of mind, a way of approaching learning that leads to success.

In 2011, the Council of Writing Program Administrators (CWPA), the National Council of Teachers of English (NCTE), and the National Writing Project (NWP) identified eight habits of mind that successful college students adopt. The following overview is adapted from the three organizations' report.

*Curiosity*. Are you the kind of person who always wants to know more? This habit of mind will serve you well in courses in which your curiosity about issues, problems, people, or policies can form the backbone of a writing project.

WRITING ACTIVITY: What are you most curious to learn about? What experiences have you had in which your curiosity has led you to an interesting discovery or to more questions?	

**Openness**. Some people are more open than others to new ideas and experiences and new ways of thinking about the world. Being open to other perspectives and positions can help you to frame sound arguments and counterarguments and solve other college writing challenges in thoughtful ways.

WRITING ACTIVITY: In the family or the part of the world in which you grew up, did people tend to be very open, not open at all, or somewhere in the middle? Thinking about your own level of open-mindedness, reflect on how much or how little your own attitude toward a quality like openness is the result of the attitudes of the people around you.

<b>Creativity</b> . You may be thinking that you have to be an artist, poet, or musician to display creativity. Not so. Scientists use creativity every day in coming up with ways to investigate questions in their field. Engineers and technicians approach problem solving in creative ways. Retail managers use creativity in displaying merchandise and motivating their employees.
WRITING ACTIVITY: Think about the field you plan to enter. What forms might creativity take in that field.
<b>Persistence</b> . You are probably used to juggling long-term and short-term commitments—both in school and in your everyday life. Paying attention to your commitments and being persistent enough to see them through, even when the commitments are challenging, are good indicators that you will be successful in college.
WRITING ACTIVITY: Describe a time when you faced and overcame an obstacle in an academic setting. What did you learn from that experience?

If you need more space for your writing, continue on additional paper.